

The Guardian Saturday 15 January 2011

## **Inspiring holidays for 2011**

OK, we can't promise a new you ... but here's our pick of inspiring ideas for holidays and short breaks guaranteed to point you in a new direction

### **Human rights education, South Africa**

With its brutal history of apartheid and colonialism, there can be few better places than South Africa to get involved in campaigning for human rights. Projects Abroad (01903 708300, [projects-abroad.co.uk](http://projects-abroad.co.uk)) has short-term placements in Cape Town which give volunteers the opportunity to work alongside respected humanitarian organisations, while gaining first-hand experience of human rights law in practice. Volunteers will be able to get involved at grassroots level, raising awareness of human rights in a variety of marginalised communities or at-risk groups such as prisoners, children, women and rural communities throughout the Western Cape. Project dates are flexible and last a minimum of a month. Prices start from £1,695pp, not including flights.